That’s a turn off
Not using it? Turn it off or unplug it.
This includes your computer, TV, cell phone charger - all of those phantom loads (a device that is “switched off”, but is still drawing power, and using electricity).
Keep the shower short
Every minute less you spend in the shower saves two gallons of water. The process of cleaning, supplying and heating water is energy intensive.
Recycle

The University of Iowa recycles mixed paper, plastics 1 - 5 & 7, cardboard & chipboard. Drop off locations are available on each floor and all around campus.